



## Transgender Athlete Policy

Northeast Team Handball League (NTHL) is a recognized sanctioned league in USA Team Handball (USATH) sphere, whereas USATH is the National Governing Body for the sport of Team Handball in the USA as recognized by the International Handball Federation (IHF) and the U.S. Olympic and Paralympic Committee (USOPC). The NTHL will follow the IOC guidelines for eligibility considerations for our member athletes. For biological men to compete as women the following applies to a transgender athlete seeking to participate in the NTHL:

1. Declare gender as female, which cannot be changed for 4 years
2. Demonstrate that total testosterone is below 10 nmol/L for at least 12 months
3. Testosterone level during competition must remain below 10 nmol/L
4. Compliance can be monitored by testing

That policy will be determined based upon:

- If the athlete's "everyday life" gender matches their USATH membership gender
- Attestation of a gender identity from a medical professional
- Attestation of gender identity from a certified counselor, public official, school administrator, or academic advisor
- Compliance with IOC guidelines

The NTHL is committed to creating a non-discriminating environment and towards including individuals who declare to be transgender and who can follow the above guidelines. When it comes to testing testosterone levels, the NTHL will rely on the athletes themselves to provide medical data that will be reviewed by an appointed medical doctor. The above guidelines are subject to revision as IOC and IHF guidelines evolve and become more clearly defined.

NOTE: The policies of other sport organizations, National Governing Bodies, and International Federations may have their own transgender policies different from this Policy. Please confirm your compliance with the applicable policy before competing in an event sanctioned by another sport organization.

